

**Governors Council on Physical Fitness and Sports
Meeting Minutes**

DATE: November 11, 2007

TIME: 4:00pm

LOCATION: NEFCU, Williston VT

RECORDER: Suzanne Kelley

FACILITATOR: Janet Franz

PRESENT: Andy Bishop; Evelyn Sikorski; Erin Fernandez; Patty Turley; Burt Wilcke; Dave Butsch; Dave Kerin

GUESTS: Nancy Heydinger

EXCUSED: : Angie Scott; Maureen Mayo; Suzanne Brue; Tori Ossola

ABSENT: Liz Campbell, Tom Clavelle

TOPIC	DISCUSSION	ACTION	ACCOUNTABLE PERSON
Introductions	<ul style="list-style-type: none"> - Nancy Heydinger, E.D. of Girls on the Run Vermont that includes attended as a guest. Spent some time learning about her programs. - 		
Treasurers Report	<ul style="list-style-type: none"> - We have ~\$20,000.00 in our account. - Most of the money right now goes to Tall Pine Design- our webmaster. - Advisory committee will work as Treasurer and look at intake, expenditures and decide on budgets for the Council's initiatives. 	Decide how to spend money	Council members and Advisory Committee?
Minutes From Last Meeting	<ul style="list-style-type: none"> - Approved. - 	Send to Governors office Send to Janet to post on website	Suzanne Janet to get posted
COMMITTEE REPORTS			
Worksite Wellness	<ul style="list-style-type: none"> - Committee met in October and subcommittee met with Fit and Healthy Vermonters Worksite Wellness Workgroup to discuss combining efforts in some areas. - Question of when a Worksite Wellness Conference would be – would effect when the 2008 awards will be held. - Goal to increase number of awards given out (from 42 to ?) - Will need someone to head up the “event” part of the awards (amount of work will depend on if this event is integrated into the state conference). 	<ul style="list-style-type: none"> - Decide on conference date (Decided after meeting to do a Fall 2008 conference- awards will be moved to that event) - Promote Awards - Volunteers to lead event part of awards 	Suzanne All Dave B. & Angie (
Individual Awards	<ul style="list-style-type: none"> - Discussion on weather to continue these and if so, who can take the lead/organize this 	Decided we should continue	Erin Fernandez to lead
Fit and Healthy Kids	<ul style="list-style-type: none"> - Committee began to discuss winter challenge. - Want to use existing resources, messages, forms whenever possible. 	Committee to meet/plan winter Challenge. Winter Challenge form has since been developed using Stretch Your Limits and is being promoted as of Dec 2007	Fit and Healthy Kids Committee/Andy Bishop, Chair
Green Mountain Senior Games	<ul style="list-style-type: none"> - Annual event in 2007 was in Castleton - Attendance seemed down this year 	Continue liaison role	Dave Kerin

	<ul style="list-style-type: none"> - Largest “draw”- men’s 3 on 3 basketball. - Council supported them with money to pay fro liability insurance since they are no longer covered under the Council’s since becoming their own 501c3. 		
Corporate Cup	<ul style="list-style-type: none"> - 25th anniversary is in 2008. - Planning meeting scheduled for January. 	<ul style="list-style-type: none"> - Continue liaison role - Inform Council on how we can help 	- Patty
Community Pedestrian and Bike Route Support	<ul style="list-style-type: none"> - Causeway in South Hero needs upgrades, how can the Council support these kids of efforts: a)through local level- members getting involved in their own communities, b) Council influencing policy and local decisions- letter of support from the council for such efforts. 	<ul style="list-style-type: none"> - Ned to draft a generic letter from the Council supporting community efforts aimed at increasing opportunities for PA 	- Burt to draft letter
Open Discussion	<ul style="list-style-type: none"> - Erin encouraged Council’s work with people with Disabilities - Announced the upcoming US Paralympics to be held at Piko, MLK weekend in 2008. 		

Meeting adjourned: 6:00pm

NEXT MEETING: January 14th 2008 4-6pm Location: TBD

Respectfully submitted,
 Suzanne Kelley
 Approved by: