

**Governors Council on Physical Fitness and Sports
Meeting Minutes**

DATE: August 13, 2007

TIME: 4:00pm

LOCATION: NEFCU, Williston VT

RECORDER: Suzanne Kelley

FACILITATOR: Janet Franz

PRESENT: Angie Scott; Andy Bishop, Maureen Mayo; Evelyn Sikorski; Liz Campbell; Suzanne Brue; Tom Clavelle; Tori Ossola; Erin Fernandez; Patty Turley; Burt Wilcke

GUESTS:

EXCUSED:

ABSENT:

TOPIC	DISCUSSION	ACTION	ACCOUNTABLE PERSON
Introductions	<ul style="list-style-type: none"> - Introduced selves and three new members! Tom Clavelle, Tori Ossola, and Erin Fernandez 	Welcome notebooks to be sent to new members	Suzanne
Treasurers Report	<ul style="list-style-type: none"> - We have \$20,426.00 in our account. - Still need discussion on how to spend funds. 	Decide how to spend money	Council members and Advisory Committee?
Minutes From Last Meeting	<ul style="list-style-type: none"> - None done b/c it was Awards Day. - Discussed process to approve; decided will do through e-mail and then submit to Governor's office rather than waiting until next meeting. 	Minutes types, approved via e-mail, sent to Governor office	Suzanne Council members to approve
Reviewed 2006-2007 Goals			
Recent Accomplishments	<ul style="list-style-type: none"> - Park Bench Yoga – strong partnership with Governor's Highway Safety Program and the Visitor Information Center; thanks to members who attended recent event in Williston – it was a great success, got lots of PR; looks like it may lead to other partnerships - Worksite Wellness – growing in interest and # of applications; next year there will be a new category for state agencies which should also increase applications and visibility. - Corporate Cup – e-mail update from Leslie (sent separately); 25th anniversary next year. - Liaison – above events show how our name and work is getting out there. We are getting lots of calls to endorse, present; “show” at events. Need to decide who to handle these. - Increasing membership- we now have 3 new members! Have room for more will continue to recruit. 		
BUILDING ON SUCCESSES			
Worksite Wellness	<ul style="list-style-type: none"> - Managing the actual soliciting and reviewing of the Awards and the “event day” is too much, we need to break the work up, plus there seems to be a greater need for on-going promotion/support of worksite wellness awards and programs in the state- maybe need a committee to look at how the Council can take the lead in this area since they are already considered the experts on this topic. 		

Individual Awards	<ul style="list-style-type: none"> - Discussion on how Individual Awards “fit”; if we still need to do these. 	Decide if we will continue with these	Advisory Committee?
Fit and Healthy Kids	<ul style="list-style-type: none"> - There is a lot of Council interest in doing something for/with kids. - Suzanne updated the group on what VDH, in collaboration with Dept of Ed and Forest Parks and Recreation (No Child Left Inside) is doing regarding Fit and Healthy Kids events, promotion of messages “Move More, Eat More Colors and Turn it Off”; also discussed Safe Routes to Schools. - In the past, the Council developed PSAs with the Move More, Eat More Colors and Turn it Off messages. We could use these for a Kids Challenge – maybe do the winter one again or summer - Need a committee to develop more. 	Committee to meet to discuss and decide on Kids project.	Fit and Healthy Kids Committee/Andy Bishop, Chair
Liaison	<ul style="list-style-type: none"> - Lots of requests coming in for the Council to present, participate in, endorse events. Need a committee to decide how to respond to and triage these requests; Suggested this be part of the Advisory Committee. 	<ul style="list-style-type: none"> - Decide how to handle requests - Continue to pursue partnerships 	Advisory Committee
Get Moving Vermont	<ul style="list-style-type: none"> - Suzanne updated Council on community Get Moving programs being developed across the state; maybe council can help support or promote these in some way. - Discussed how things like Park Bench Yoga could be considered part of this initiative. 	Decide if we need committee (if enough interest and time to do something), if so, and decide on projects	Council members
Corporate Cup	<ul style="list-style-type: none"> - Leslie e-mailed an update- made about \$6,000 this year – this is about the same as in past years; had more participation but more expenses. E-mail update from Leslie forwarded separately. - Don’t really need a Corporate Cup committee b/c one exists but need a liaison to the Cup and participation from Council members. 	<ul style="list-style-type: none"> - Share Leslie’s notes/update via e-mail - Maintain connection with race coordinators 	<ul style="list-style-type: none"> - Janet/Suzanne - Council’s Corporate Cup Liaison – Patty Turley
Advisory	<ul style="list-style-type: none"> - Will be officers as well as other interested in assisting with procedural things like the liaison issues, nominations, budgets etc.; may also oversee PR to be sure it is consistent for all Council work. 	Review/develop procedures for spending money, dealing with requests to present, endorse, recruit new members	Advisory Committee
PR	<ul style="list-style-type: none"> - May be rolled into advisory committee or may need to hire someone to do it. Advisory committee will decide. 	Decide how to handle	Advisory Committee
Conclusion on Committees	<ul style="list-style-type: none"> - Need to make the work manageable- do a few things really well - Consider four committees: Worksite, Kids, Get Moving, Advisory. 	Decide on committees	Janet, Suzanne to send list for sign up

Meeting adjourned: 6:00pm

NEXT MEETING: November or December 2007; NEFCU in Williston

Respectfully submitted,

Suzanne Kelley

Approved by: